



Internet Safety

Grade Levels
K-2

Did You Know?

Just as you have taught your child how to be safe during their everyday life, it's also important to ensure your child knows how to be safe online. Strangers and other safety risks exist in real life and on the Internet. As your child grows up and begins to use the Internet more independently, it's important that they understand how to make smart decisions.

Help Them Lead at Home

Talk: In school, your child has learned about key ways to be safe online. Help connect what they have learned to your lives at home by discussing how different members of your family use the Internet. Who uses the Internet for homework? How about recipes, games, directions, video streaming, or email? By sharing how the Internet is used in your home, your child will better understand all the different ways the Internet affects everyday life.

Do: Then work together to ensure your child has the guidelines and tools s/he needs to stay safe online. First, brainstorm websites and apps that your child uses frequently. Once you have a list:

- Create a folder to hold these apps on the device(s) that your child uses. To create a folder on an Android or Apple device, hold your finger on top of one of your child's apps for a few seconds until you can move it. Then drag the app on top of a second app. A folder will be formed, and you can continue to drag apps into it until all of your child's apps are in one place. Once the folder is complete, ask your child to give it a fun name!
- Create a similar folder for your web browser, complete with all the websites that your child uses and has permission to access. While folders are created differently depending on which web browser you use, a quick Internet search will explain how to create one. Be sure your child knows where to find this folder, and again encourage him/her to name it.

Then work together to complete the *Online Safety Agreement* on the following page. Explain that just as rules exist to keep us safe when we're not using the Internet, this agreement will help your child be safe online. A few guidelines have already been suggested, and there is room to add others that you develop together. Be sure to ask your child for ideas on what should be included based on what they have learned in school!

As you review and personalize the agreement, work together to draw a small picture next to each line to help your child remember it. The completed agreement should then be signed by both you and your child. Once it is signed, store it in a location where your child will see it when s/he uses the Internet!

Check out no-cost resources for you and your girl to extend the learning at home: <http://bit.ly/GirlScoutsDE>

For More Tips

Check out the American Academy of Pediatrics' **Family Media Plan** to expand your online agreement into a media plan for your entire family.



Online Safety Agreement

's Online Safety Agreement

- I can use devices for _____ minutes each day.
- I can use devices with Internet access in these rooms:

- I can use the Internet for these activities:

- I will never share private information (like my full name, phone number, or address) online. If I'm unsure if I should share something, I will ask

- If I ever feel uncomfortable online, I will tell

- _____

- _____

Signed: _____